

Attention: Parents/Guardian/Educator/Agency Worker

I am a retired New York City high school guidance counselor. With the help of students and adults, I have developed and facilitated a program known as the "Anger Management Power (A.M.P.) Program." I am the author of the book entitled, *Peace the Other Side of Anger* (2011), based on this program for parents/guardians and professionals helping youngsters handle anger in positive ways.

I'm in the process of revising this book by adding additional chapters on the pandemic, gun violence, and social media -- all of which had not existed or have the impact they have today. I value the opinion of teenagers, and find their perceptions can be helpful. I have created three surveys on these subjects to be completed by teens. No names of participants will be used. The only identifying information will be participants' gender, age and grade.

You can access these surveys on the link and/or QR Code below. If acceptable to you, have your teen(s) complete and submit using the same link and/or QR Code.

Thank you for your consideration.

<https://forms.gle/aa4jCEXfdUxvNixm6>



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